



SUNDAY MENU

STARTERS

Home Made Soup of the Day

Fresh Bread and English Butter (d, w) £5.50

Freshly Steamed Fowey Mussels

Spring Onion Garlic Cream Sauce with Fresh Bread and English Butter (d, w, mo, su) £6.25

Salt and Pepper Crispy Squid

Home Made Aioli, Lemon and Crispy Kale (mo, w, e, d) £6.50

Paprika and Honey Glazed Chicken Fillet

Served on Crostini with Grapes and Capers (w) £6.95

Pan Fried Pork Tenderloin

Sautéed Baby Shallots, Pak Choi Leaves and Veal Reduction (c) £7.00

Tiger Prawn and Squid Ink Linguine

Shellfish Reduction (c, cr, e, w, f, mo) £8.50

Garlic Sautéed Asparagus (v)

Soft Boiled Egg and Spanish Picada Crust (c, e, w, n) £8.50

Vegan Laksa (v)

Tofu, Pak Choi and Rice Noodles (ss, p, c, s) £6.95

Feta, Spring Veg and Herb Salad (v)

Sherry Vinegar Dressing (d, ss, su) £6.25 Add Grilled Chicken for £1

WHITE OR GRANARY SANDWICHES (w)

All Sandwiches are served with Fries and Mixed Leaf Garnish

Sorry - Not served on Sundays

Sandwiches are served:

Monday to Friday 12pm - 3pm | Saturday 12pm - 6pm

Duck Egg Mayonnaise with Rocket (e) £6.50

Barbecue Pulled Pork with Coleslaw (mu, s, su) £7.50

Bacon, Lettuce and Tomato with Mayo (e) £7.50

Coronation Chicken with Mixed Leaves (e, d) £8.50

Home Made Fish Finger and Iceberg Lettuce with Tartare Sauce (e, f) £7.50



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THE SUNDAY ROAST

Choose from a selection of succulent meats

Roast Topside of Beef £14.50

Roast Shoulder of Lamb £14.50

Roast Corn Fed Chicken £13.50

All our roast come with roasted potatoes, seasonal vegetables, Yorkshire pudding, home-made gravy and stuffing

Roasted Pork Belly

Sautéed New Potatoes, Spring Vegetables, Butternut Purée and Veal Jus (d, c) £14.90

Vegan Laksa (v)

Served with Tofu, Pak Choi and Rice Noodles (ss, c, p, s) £13.95

Tuna Niçoise Salad

Served with Olives, Roasted Red Onion, Soft Boiled Egg and Herbs (mu, f, e) £16.50

Oven Roasted Monkfish

Parma Ham, King Prawn and Cannellini Bean Sauce and Wilted Spinach (d, f, cr) £16.50

Beer Battered Cod

Chunky Chips, Garden Peas and Home Made Tartare Sauce (w, f, e, d) £13.50

Pan Fried Sea Bass

Herbed New Potatoes, Purple Sprouting Broccoli, Baby Tomato Salsa and Fish Velouté (f, d) £15.95

Pan Fried Calves Liver

Creamy Mashed Potato, Caramelised Red Onion and Gravy (d) £14.50

South Downs Lamb Rump

Roasted Garlic Mash, Pea Puree, Baby Carrot Croquette and Veal Jus (w, d, c, e) £16.00

Home Made Beef Burger

Crispy Bacon, Mature Cheddar Cheese, Red Onion Chutney and Mixed Leaves (w, e, d, mu, ss) £13.95

Asian-Style Bean Burger (v)

Halloumi, Mint, Fresh Pickled Cucumber and Red Onions (w, d, e, f, ss, n, s) £11.90

All Burgers are Served in a Brioche Bun with Coleslaw and Fries



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SIDES

- Fresh Bread with Olives and Dips (w) £4.50
- Garlic Bread (w, d) £4.00 - with Cheese £4.50
- Mixed Side Salad £4.00
- Mixed Seasonal Vegetables £4.00
- Portion of Chips £3.50 - with Cheese £4.00

TO FINISH

Chocolate and Salted Peanut Butter Tart

Shortbread Crumb and Caramel and Pecan Ice Cream (d, w, p, n) £6.95

Sticky Ginger Parkin Sponge

Sticky Toffee Sauce and Honeycomb Ice Cream (w, n, e, d) £6.50

Raspberry Panna Cotta

Home-made Grape and Pumpkin Seed Granola and Sussex Honey (d, w, n) £6.50

Lemon Tart

Clotted Cream and Disaronno Sour Gel (w, d, n, e) £6.50

Selection of Local Cheeses

Quince Jelly, Grapes, Celery, Apple and Biscuits (w, d, c) £8.50

Jude's Ice Creams

Vanilla, Chocolate, Mint Chocolate, Strawberries and Cream, Caramel and Pecan, Honeycomb (d)
£2.00 per Scoop

Sorbet

Lemon, Mango, Green Apple
£2.00 per Scoop

Legend:

V - Vegetarian | C - Celery | D - Dairy | W - Wheat | Cr - Crustaceans | E - Eggs | F - Fish | L - Lupin
SS - Sesame Seeds | Mo - Molluscs | Mu - Mustard | N - Nuts | P - Peanuts | S - Soya | Su - Sulphites

All our food is cooked from fresh, so please allow time for your food to be cooked in the proper manner during busy times. Nuts, fish and other products that could produce an allergic reaction are used in our kitchen – a full list of food allergens can be supplied upon request. We cannot guarantee that our fish does not contain bones and accept no liability. Children are welcome but must remain seated and under parents supervision at all times. Our menu may be subject to changes.